

January 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Donations can be mailed to: Community Services Center 1100 Community Way Portales, NM 88130</p>	<p>Lunch is served from 11:30am to 1:00pm Milk, Coffee, and Tea are served daily.</p>	<p>1 </p>	<p>2 Bean/Cheese Burrito (Flour Tortilla/1/2 oz Cheese, 2oz Red Chile Sauce) 1/2c Pinto Beans 1/2c Spanish Rice 1/2c Corn 1/2c Peaches</p>	<p>3 Chicken Sandwich (3 oz Chicken/1 Bun) 1/2c Green Peas 1/2c Cubed Potatoes 1/2c Fruit Cocktail</p>
<p>6 Tuna Casserole 1c Tuna Salad Casserole 1c Lettuce/Tomato Salad 6 Crackers 1/2c Pears</p>	<p>7 4 oz. BBQ Chicken 1/2c Potato Salad 1/2c Okra 1 Wheat Roll 1 Chocolate Chip Cookie</p>	<p>8 Beef Tacos (3 oz. Beef, 1 oz. Cheese, 1/2c Lettuce & Tomato, 2 Taco Shells) 1/2c Span. Rice 1/2c P. Beans/1/2c Jello/Apricots</p>	<p>9 4 oz Country Fried Steak 1/2 Baked Potato 1/4c Cream Gravy 1/2c Green Beans/1 W. Roll 1/2c Banana Pudding</p>	<p>10 3 oz. Low Sodium Sausage 3/4 cup Rice Pilaf 1/2c Spinach 1 Sl. Wheat Bread Angel Food Cake/Strawberries</p>
<p>13 Ham & Cheese Sandwich (2 oz. LS Ham, 1 oz. Cheese, 1/4c Lettuce/Tomato) 1/2c Baked Beans/2 sl. Bread 1/2c Cottage Cheese w/ Peaches</p>	<p>14 Pork Posole 1c Pork Posole 1/2c Lettuce/Tomato Salad 1 Breadstick 1 sl. Applesauce Cake</p>	<p>15 Chili Cheese Dog (1 Hot Dog, Meaty Red Chili, 1 Bun) 1/2c Onion Rings 1/2c Mixed Vegetables 1/2c Jello/Mandarin Oranges</p>	<p>16 Oven Fried Chicken 3oz Chicken 1/2c Mashed Potatoes 1/4c LS Gravy/1 Wheat Bread 1/2c Green Peas 1/2c Pineapple</p>	<p>17 3 oz Beef Tips 1/2c Lettuce/Tomato Salad 1/2c Corn 1 Wheat Roll 1 sl. Iced Spice Cake</p>
<p>20 </p>	<p>21 Ham Salad Sandwich 3 oz Ham/2 sl. White Bread 1/2c Lettuce/Tomato 1/2c Baked Beans 1 sl. Pound Cake</p>	<p>22 3 oz Beef Fajitas 3/4c Fajita Blend Vegetables 1/2c Pinto Beans 1 Flour Tortilla 1/2c Pineapple</p>	<p>23 1c Creamy Chicken/Mushrooms 1 Baked Potato 1c Broccoli/Cauliflower 1 Wheat Bread 1 Brownie</p>	<p>24 4 oz. Roast Beef 1/2c Lettuce/Tomato Salad 1/2c Peas & Carrots 1 Wheat Roll 1 Oatmeal Cookie</p>
<p>27 4 oz Meatloaf 1/2c Mashed Potatoes 1/4c Gravy 1/2c Green Beans/1 Wheat Roll 1/2c Applesauce</p>	<p>28 Pork Carne Adovada (3 oz Pork, 2 oz RC Sauce) 1/2c Pinto Beans/1 Tortilla 1/2c Broccoli/Cheese 1sl. Frosted Chocolate Cake</p>	<p>29 1c Beef Stew 1 c Steamed Cabbage 1 sl. Cornbread 1/2c Rice Pudding</p>	<p>30 3 oz Baked Chicken 1/2c Green Beans 1/2c Cauliflower & Cheese 1 Wheat Roll 1 Peanut Butter Cookie</p>	<p>31 GC Cheese Enchiladas (1/4c GC, 3 oz Cheese, 1 Tortilla) 1/4c Spinach/Tomato Salad 1/2c ea Spanish Rice/P. Beans 1/2c Apricots/Jello</p>